www.arctic.ac

Z1-3D
Welcome Guide



support.arctic.ac/z1-3d

Dear Customer,

Thank you for choosing the ARCTIC Z1-3D.

Ever wanted to show something to your colleague but your monitor was hard to turn? This sturdy holder keeps your monitors save and the desk clean, frees space for you and allows you to use USB 3.0 devices easier than ever.

I hope you enjoy our Z1-3D and we at ARCTIC look forward to further enriching your life with our products. If you would like to share how you use ARCTIC's products please do so at https://www.facebook.com/ARCTIC.en

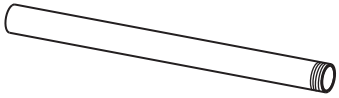
ARCTIC is a fully carbon neutral company and your support helps us to compensate every kilogram of CO_2 we produce.
Thank You.

Sincerely,

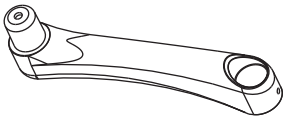
Magnus Huber
ARCTIC CEO

Accessories

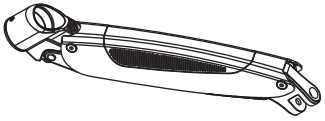
Ⓐ Pole x 1



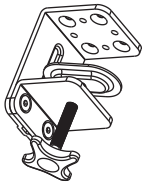
Ⓑ Extension Arm x 1



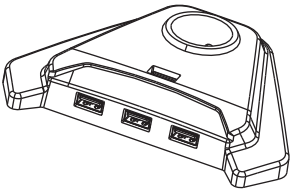
Ⓒ Gas Spring Arm x 1



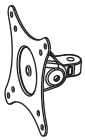
Ⓓ Clamp x 1



Ⓔ USB Hub x 1



Ⓕ Mounting head x 1



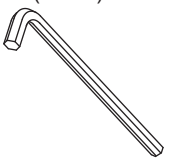
Ⓖ Pole Clamp x 1



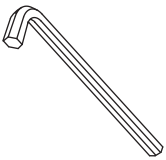
Ⓗ Hex Key (3 mm) x 1



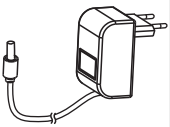
Ⓘ Hex Key (4 mm) x 1



Ⓙ Hex Key (5 mm) x 1



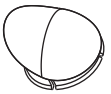
Ⓚ Power Adapter x 1



Ⓛ Cable Clip x 1



Ⓜ Decoration plate x 1



Ⓝ M4 / M5 Spacer x 4



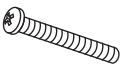
Ⓞ M5 Screw (12 mm) x 4



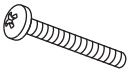
Ⓟ M4 Screw (12 mm) x 4



Ⓠ M4 Screw (30 mm) x 4



Ⓡ M5 Screw (30 mm) x 4



Ⓢ M6 Screw (12 mm) x 4



Ⓣ Spring Screw x 1



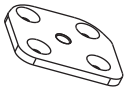
Ⓤ Allen Screw (30 mm) x 1



Ⓥ Nut x 1



Ⓦ Grommet x 1



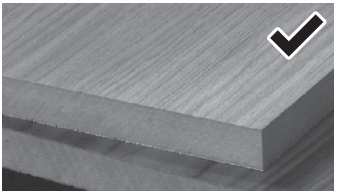
⚠ This Monitor Arm is not suitable for Honeycomb-structured or Sandwich structured tables with hollow pockets.

Examples of NOT recommended tables, using a paper honey comb filling: IKEA MALM Desk, IKEA TORNLIDEN, IKEA ODDVALD, IKEA LINNMON, IKEA LALLE, IKEA TORNLIDEN, and IKEA ADILS Desk

Wooden



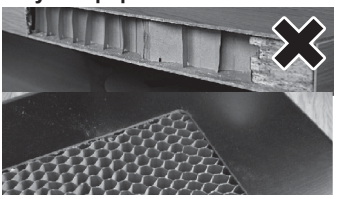
Fiberboard



Particleboard

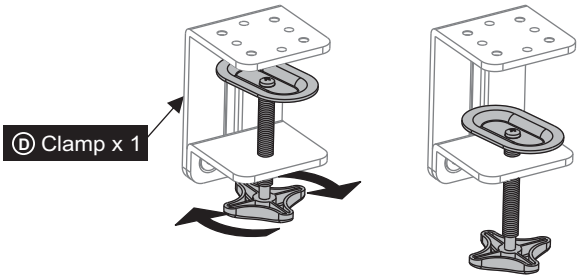


Honeycomb Structure recycled paper

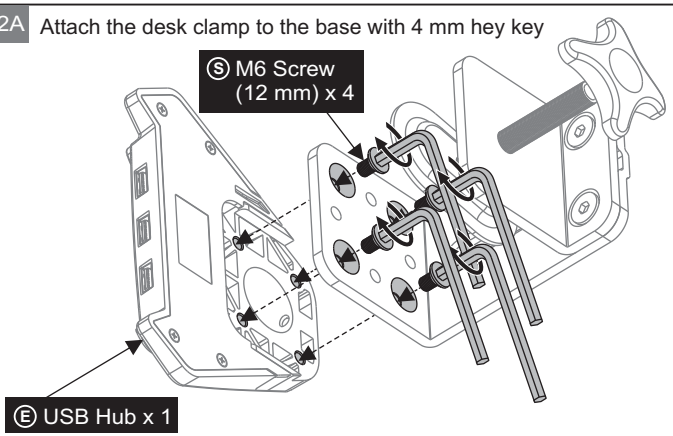


A. Desk Clamp Installation

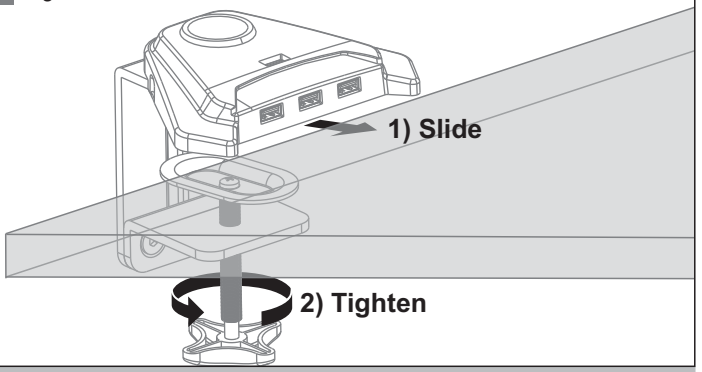
1A



2A Attach the desk clamp to the base with 4 mm hey key

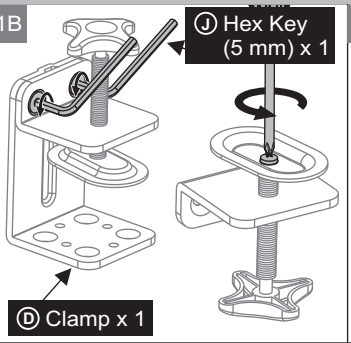


3A Tighten it on table.

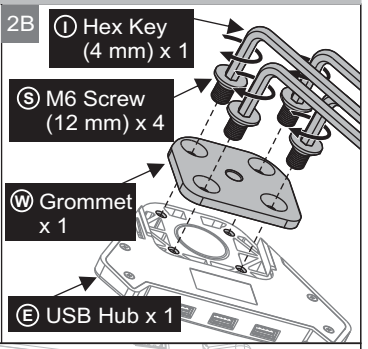


B. Grommet Installation

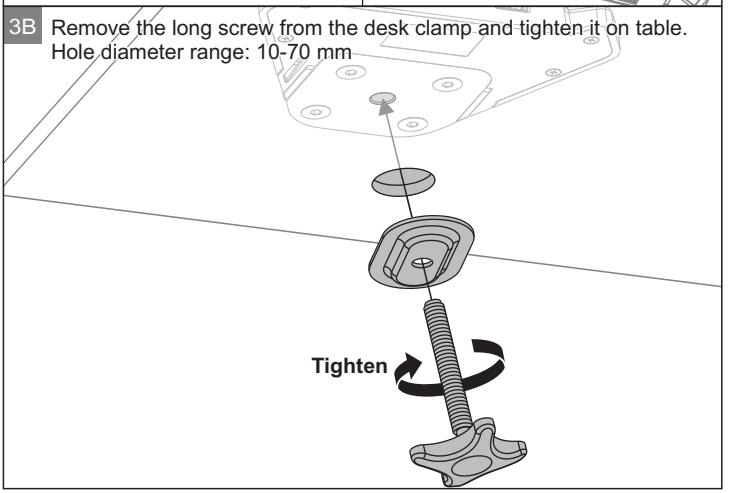
1B



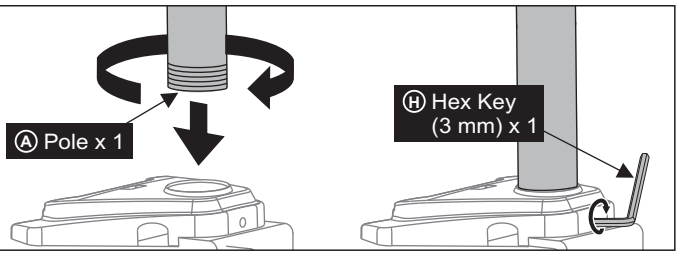
2B



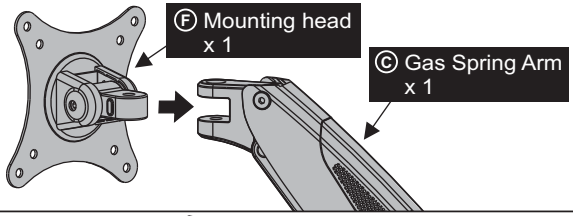
3B Remove the long screw from the desk clamp and tighten it on table.
Hole diameter range: 10-70 mm



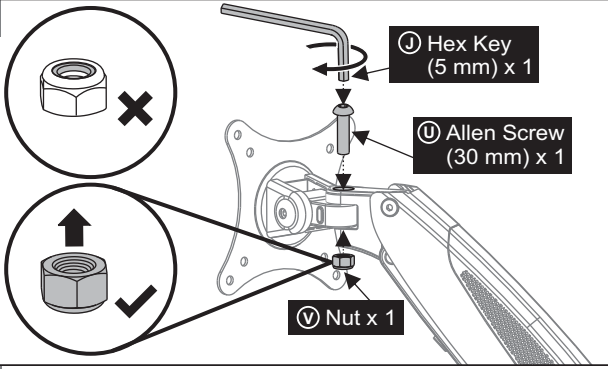
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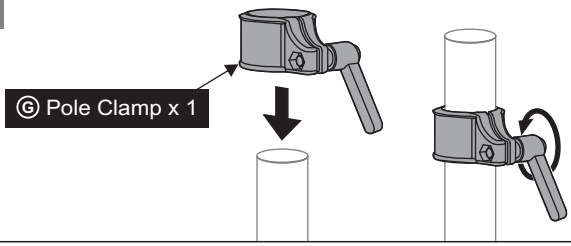
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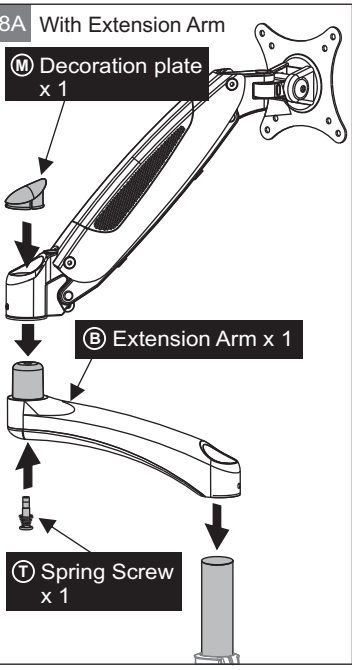
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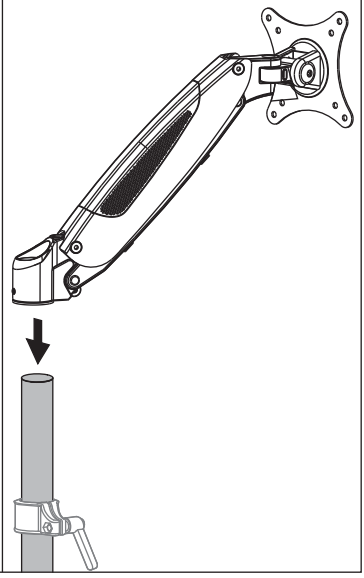
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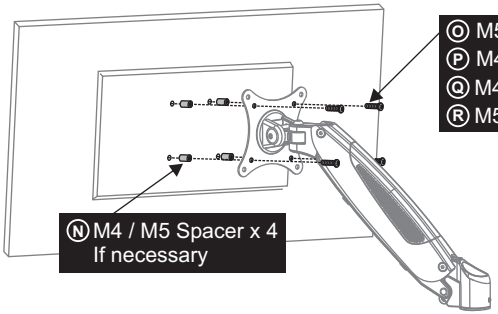
8A With Extension Arm



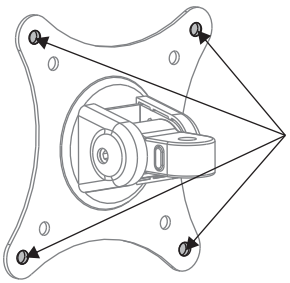
8B Without Extension Arm



9 Choose the right screws according to the size and depth of the holes at the back of the monitors. Spacers are used to fill the gap between the mounting bracket and the holes if any.



VESA 100
Distance 100 mm



VESA 75
Distance 75 mm

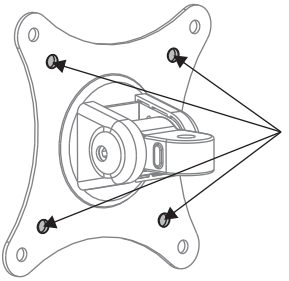
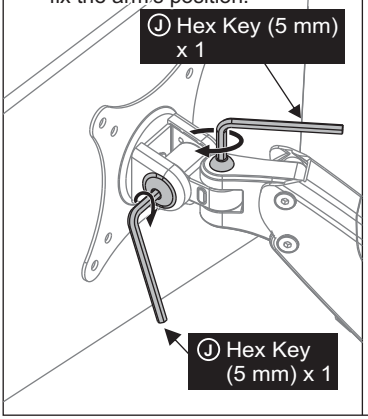


Table of VESA Mounting Interface Standard

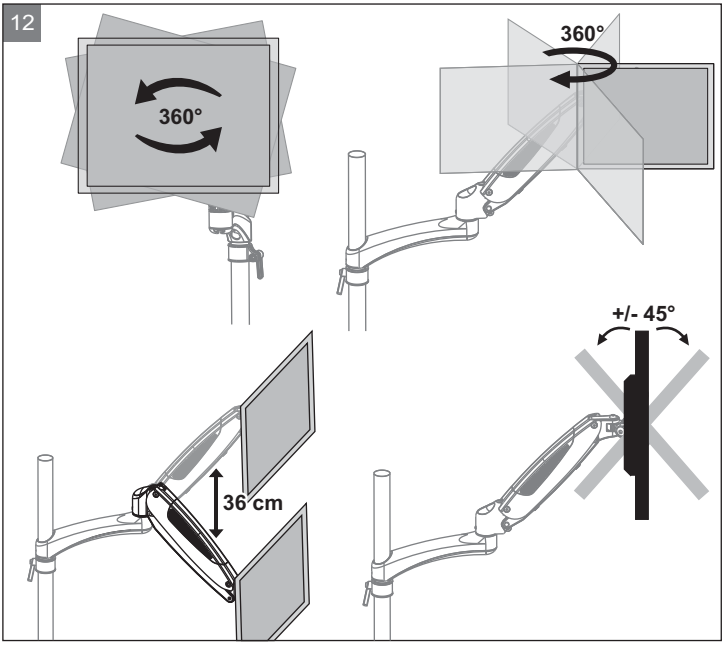
Designation	Width × Height	Screw	Compatible
MIS-D 75	75 mm × 75 mm	M4, M5	Yes
MIS-D 100	100 mm × 100 mm	M4, M5	Yes
MIS-E	200 mm × 100 mm	M4	No
MIS-F	200 mm × 200 mm 400 mm × 400 mm 600 mm × 200 mm 600 mm × 400 mm 800 mm × 400 mm 280 mm × 150 mm	M6, M8	No

10 Tighten the lockable screw to fix the arm's position.



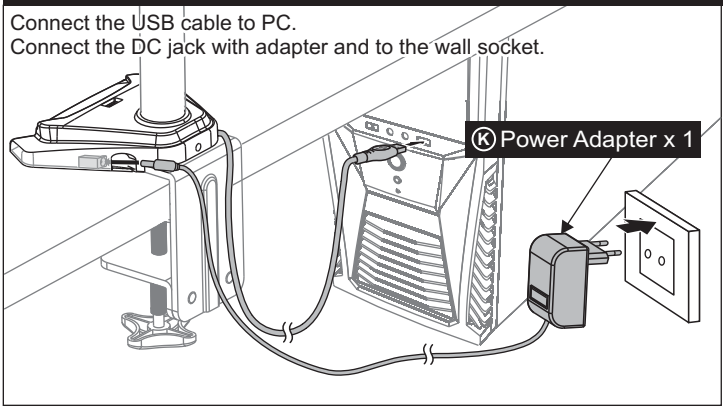
11 Adjust the strength of gas spring if necessary.



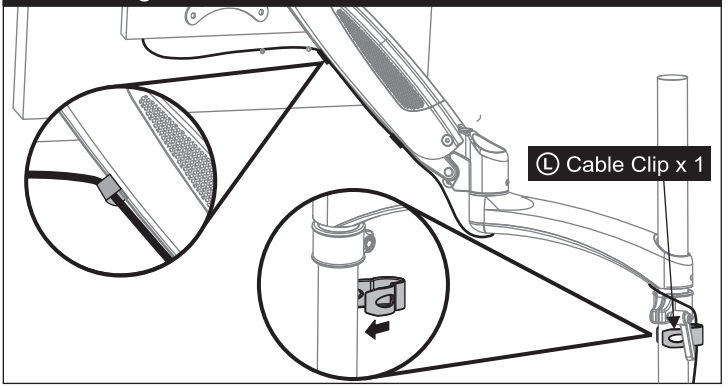


How to Plug Hub

Connect the USB cable to PC.
Connect the DC jack with adapter and to the wall socket.



Cable Management



Specifications	
ARM	
Material	Aluminum Alloy ADC 12
Number of Mountable Monitors	1
Screen Size	13 " - 32 "
Maximum Monitor Weight	8 kg / 17.6 lbs per mount
VESA Standard	75 / 100
Rotation	360 °
Swivel	180 °
Tilt	+/- 45 °
Distance to the Pole	8 - 60 cm
Lift	36 cm
Max Table Thickness	6.5 cm
Weight	3 kg
USB Hub	
Type	4 ports USB 3.0 , Powered
Compatibility	Windows 10 , 8.1 , 7 , Vista , XP Mac OS X Linux
Cable Length	2 m
Wire Gage	Power: AWG 20 Data: AWG 28
Power Adaptor	
Input	100 - 240 V AC, 50 / 60 Hz, 0.55 A
Output	5 V DC , 2 A
Cable Length	2 m

Support
For support and more information on the Z1-3D - Desk Mount 360° Monitor Arm with 4 Port USB 3.0 Hub, please visit z1-3d.arctic.ac

Warranty
This ARCTIC Product includes a two-year limited warranty.
Please visit http://warranty.arctic.ac for further details.

Safety Instructions
The desk structure must be able to support at least 20 kg. Tighten the screws for a secure mount. It is recommended to perform the installation with at least two people.



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